### Assessment and Management Framework

**Behaviour Change in People with Intellectual Disability**

#### Presentation

- **Behaviour change** is a symptom. Work with carers to understand BASELINE behaviours and when and how behaviour has changed.
- **Use STAR** to describe: Setting, Trigger, Actions (Behaviour), Results.

#### Context

##### Safety

##### Person
- Usual behaviour, personality, abilities, needs.
- Cause & type of disability – informs healthcare.

##### Communication
- Receptive & expressive abilities
- What are the person’s preferred methods?

##### Support network
- Family members and paid support staff – knowledge, experience, perspectives, concerns.

#### Assessment and Provisional Diagnosis

##### Physical health
- Symptoms. Age & gender.
- Aetiology/type of disability.
- Physical examination: top to toe.

##### Sensory issues
- Consider sensory loss: vision, hearing.
- Consider sensory hypersensitivity: light, sound, touch, smell.

##### Mental health
- Anxiety, depression, mania.
- Bipolar disorder. Psychosis.

##### Life circumstances
- Environment: physical, social, sensory.
- Life events: change, transition, loss & grief.

#### Initial Management

- Intervention:
  - Non-pharmacological.
  - Pharmacological.

#### Ongoing Management

- Monitor and review
- Multidisciplinary Team
- Resources
- Manage and refer

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For further information:
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www.monashhealth.org
www.cddh.monashhealth.org
/index.php/medical-practitioners/resources-and-links-medical-practitioners/