

Useful resources for General Practitioners working with People with Intellectual Disabilities

Centre for Developmental Disability Health www.cddh.monash.org

- [Primary care of people with intellectual disability](#)
- [Working with people with intellectual disability in healthcare settings](#)
- [Accessing mental health services for people with intellectual disability](#)

Complaints mechanisms

- **Mental Health Complaints Commissioners**
<http://mhcc.vic.gov.au>
- **Disability Services Commissioner**
<http://www.odsc.vic.gov.au>
- **Health Complaints Commissioner**
<https://hcc.vic.gov.au/>

Disability services

- **Disability Services – state services Victoria**

For information about the state funded services for people with disability

<https://services.dhhs.vic.gov.au/disability>

- **Behaviour Support Services**

Behaviour Support Services available through Disability Services

<https://providers.dhhs.vic.gov.au/>

Private psychologists with special interest in area

www.psychology.org.au/FindaPsychologist/

- **NDIS: National Disability Insurance Agency**

For information about the NDIS

www.ndis.gov.au

Genetics

- **Victorian Clinical Genetics Services**
www.vcgs.org.au
- **Online Mendelian Inheritance in Man**
www.omim.org
- **Better Health Channel** (patient information) www.betterhealth.vic.gov.au

Legal information and advice

- Legal advice re: consent, capacity, guardianship
www.publicadvocate.vic.gov.au

Management Guidelines

➤ **Management Guidelines: Developmental Disability**

One of the suite of resources by Therapeutic Guidelines and available in hard copy. Covers issues in the healthcare of people with intellectual and developmental disability throughout the lifespan. Chapters on specific syndromes + mental health, prescribing and legal issues

<https://www.tg.org.au/books/>

➤ **Consensus Guidelines: Canadian Family Physician**

Primary care of adults with developmental disabilities

<http://www.cfp.ca/content/57/5/541.full>

Medicare

➤ **Chronic Disease Management**

<http://www.health.gov.au/internet/main/publishing.nsf/Content/mbsprimarycare-factsheetchronicdisease.htm>

➤ **Health Assessments**

<http://www.health.gov.au/internet/main/publishing.nsf/Content/mha.htm>

➤ **Health assessment proformas**

http://www.health.gov.au/internet/main/publishing.nsf/Content/mha_resource_kit#proforma

Mental Health

➤ **State Mental Health Services**

<http://www.health.vic.gov.au/mentalhealthservices/>

➤ **Article: Prescribing psychotropic drugs for adults with intellectual disability**

<https://www.nps.org.au/australian-prescriber/articles/prescribing-psychotropic-drugs-to-adults-with-an-intellectual-disability>

➤ **Dementia: Alzheimer's dementia** <https://www.dementia.org.au/about-dementia/types-of-dementia/down-syndrome-and-alzheimers-disease>

Further learning opportunities

➤ **CDDHV online learning**

The Assessment and Management of People with Intellectual Disability presenting with Behaviours of Concern

<http://cddh-online.monash.org/login/index.php>

ALM: 40 CPD Cat 1 points

➤ **MOOC: ABLEx**

Massive Open Online Learning. Free 3 module course to improve the physical and mental health of people with intellectual disability <https://www.edx.org/course/well-able-improving-physical-health-ugx-able201x>