Useful resources for General Practitioners working with People with Intellectual Disabilities

Centre for Developmental Disability Health [www.cddh.monash.org](http://www.cddh.monash.org)

- Primary care of people with intellectual disability
- Working with people with intellectual disability in healthcare settings
- Accessing mental health services for people with intellectual disability

Complaints mechanisms


Disability services

- Disability Services – state services Victoria
  For information about the state funded services for people with disability [https://services.dhhs.vic.gov.au/disability](https://services.dhhs.vic.gov.au/disability)
- Behaviour Support Services
- NDIS: National Disability Insurance Agency
  For information about the NDIS [www.ndis.gov.au](http://www.ndis.gov.au)

Genetics

- Online Mendelian Inheritance in Man [www.omim.org](http://www.omim.org)

Legal information and advice

Management Guidelines

➢ Management Guidelines: Developmental Disability
One of the suite of resources by Therapeutic Guidelines and available in hard copy. Covers issues in the healthcare of people with intellectual and developmental disability throughout the lifespan. Chapters on specific syndromes + mental health, prescribing and legal issues
https://www.tg.org.au/books/

➢ Consensus Guidelines: Canadian Family Physician
Primary care of adults with developmental disabilities
http://www.cfp.ca/content/57/5/541.full

Medicare

➢ Chronic Disease Management

➢ Health Assessments

➢ Health assessment proformas

Mental Health

➢ State Mental Health Services

➢ Article: Prescribing psychotropic drugs for adults with intellectual disability

➢ Dementia: Alzheimer’s dementia

Further learning opportunities

➢ CDDHV online learning
The Assessment and Management of People with Intellectual Disability presenting with Behaviours of Concern
http://cddh-online.monash.org/login/index.php
ALM: 40 CPD Cat 1 points

➢ MOOC: ABLEx
Massive Open Online Learning. Free 3 module course to improve the physical and mental health of people with intellectual disability
https://www.edx.org/course/well-able-improving-physical-health-uqx-able201x

CDDH useful resources for GPs V1.2