Assessment and Management Framework
Behaviour Change in People with Intellectual Disability

Presentation
FACTS: Exactly what happened:
- STAR: Settings, Triggers, Actions, Results
- ABC: Antecedents, Behaviour, Consequences

Beware of interpretations of behaviour:
e.g. “withdrawn”, “aggressive”, “destructive”
“non-compliant”, “attention seeking”,
“manipulative”.

Context
Safety
Person, others.
Immediate & imminent.

Communication
Expressive and receptive ability.
Methods, aids & equipment.

Support network
Family and paid support workers -
knowledge, concerns, perspective.

Assessment and Provisional Diagnosis
Physical health
Symptoms. Age, gender, cause of
disability. Physical examination.
Medication Review. Investigations.

Sensory issues
Consider sensory loss (hearing, vision).
Sensory sensitivity (sound, light, touch,
texture, taste, smell).

Mental health
Symptoms: Anxiety, depression, psychosis,
bipolar disorder. Medication Review.

Life circumstances
Environment: social, physical.
Life events: Life stage, change, transition, grief.

Initial Management
Further history. Behaviour recording.
Investigations. Referrals.

Interventions:
- Non-pharmacological.
- Pharmacological.

Ongoing Management
Monitor and review
Multidisciplinary team
Services & Resources
Manage and refer

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